



The following are the links used to provide guiding documents for this policy:

#### **Central District Health:**

- COVID-19 Resources: <https://cdhd.idaho.gov/dac-coronavirus-resources.php>
- Youth Sports Position Statement:  
<https://cdhd.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/schools/Youth-Sports-CDH-Position-08-10-2020.pdf>
- Recommended Guidance for Youth Activities and Day Camps:  
<https://cdhd.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/Reopening-YouthActivities-Camps-COVID.pdf>

#### **Idaho Rebounds:**

- Stage 3 Stay Healthy Guidelines: <https://rebound.idaho.gov/wp-content/uploads/stage3-stay-healthy-guidelines-020221.pdf>
- Stages of Reopening: <https://rebound.idaho.gov/stages-of-reopening/>

#### **Centers for Disease Control:**

- Coronavirus Disease 2019 - <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>
- Considerations for Youth Sports -  
<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>
- Youth Sports Programs FAQ -  
<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports-faq.html>
- Considerations for Events and Gatherings -  
<https://www.cdc.gov/coronavirus/2019-ncov/community/large-events/considerations-for-events-gatherings.html>
- When You Can be Around Others After You Had or Likely Had COVID-19 -  
[https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fprevent-getting-sick%2Fwhen-its-safe.html](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fprevent-getting-sick%2Fwhen-its-safe.html)

#### **US Soccer PLAY ON – Coronavirus Resources:**

- <https://www.ussoccer.com/playon>
  - Phase 3: Grassroots Soccer Recommendation Guide:  
<https://www.ussoccer.com/playon/guides/phase-3-grassroots>



This policy is intended to provide a plan to allow the Timbers-Thorns North FC (TTNFC) Tournament to proceed during the current COVID-19 pandemic. Please note there are differing health orders for areas in which tournaments will operate. The guidelines below indicate some of the differences that are expected of participants in the tournament.

The policy is broken into sections that apply to each group of participants in games.

In addition to this policy, please reference the TTNFC COVID-19 Reporting Policy.

In the current COVID-19 pandemic, Timbers-Thorns North FC recognizes the importance of youth soccer for the well-being of youth players. However, participation in this Tournament can only continue if each participant embraces their own individual responsibility to ensure the tournament can occur in a safe manner.

We are counting on all Tournament participants to follow the guidelines so the children can play.

#### **All Participants:**

If any player, coach, team official, referee, or spectator is exhibiting any signs or symptoms of COVID-19 or have tested positive for COVID-19 they must not attend the tournament until they are cleared by a medical professional or meet the CDC guidelines for return from self-isolation.

Signs/Symptoms of COVID-19 (from CDC):

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

CDC Guidelines for return from self-isolation following a positive test for a person exhibiting symptoms:

- 10 days since symptoms first appeared and 24 hours with no fever without the use of fever-reducing medications and
- Other symptoms of COVID-19 are improving



CDC Guidelines for return from self-isolation following a positive test for a person who is asymptomatic:

- 10 days after positive viral test

If any player, coach, team official, referee, or spectator has been around a person with a confirmed COVID-19 case or has been asked to self-isolate, they must not attend the tournament until they are cleared by a medical professional or meet the CDC guidelines for return from self-isolation.

### **CDC guidelines**

Anyone who has had close contact with someone with COVID-19 should stay home for 14 days after their last exposure to that person.

However, anyone who has had close contact with someone with COVID-19 and who developed COVID-19 illness within the previous 3 months and has recovered and remains without COVID-19 symptoms (for example, cough, shortness of breath) does not need to stay home.

- Prior to participation in events, all participants should self-screen for symptoms and check their temperature.
- All participants are asked to remain in their vehicles until 30 minutes prior to their game time. If teams from a prior game are still at the field, find an area away from the field to minimize interactions between groups.
- It is strongly recommended that all participants wear a face covering that completely covers their nose and mouth upon arrival when traveling from their vehicles to the fields; upon departure when leaving the fields to return to their car; when moving around the facility between fields and when physical distancing of 6 feet cannot be maintained.
- No spitting will be allowed on the field or sidelines.
- All participants should cover their mouth while coughing or sneezing (e.g. with the nape of their elbow).
- All participants should avoid touching their face with their hands.
- Shared equipment (e.g. soccer balls, discs etc.) should be sanitized as frequently as possible.



### **Players:**

The following are the recommendations for players during the tournament:

- It is strongly recommended wearing a face covering that completely covers their nose and mouth when in the technical area. Players may remove their face covering when entering the game. Players are allowed to wear a face covering in the game provided the face covering is not a danger to the player or other players.
- Should bring hand sanitizer for personal use prior to entering the field of play and after exiting the field of play.
- Must maintain physical distancing of 6 feet while in the technical area or team bench during the game.
- Should maintain physical distancing during half-time, water breaks, and all other times off the field of play.
- Should not share water bottles, drinks, food, or any personal items.
- Must not participate in pre-game or post-game physical contact with members of the other team, referee crew, (e.g. handshakes, fist bumps, high-5s, hugs, etc.) or with spectators (e.g. high-5s, tunnels, etc.).
- No spitting will be allowed on the field or sidelines.
- Should sanitize or wash their hands each time they come off the field and prior to entering the field of play.
- Should maintain physical distancing of 6 feet from all members of the referee crew if at all possible.
- Are REQUIRED to clean up their own bench area after the game has ended.

### **Coaches/Team Officials:**

The following are the recommendations for coached during the tournament:

- It is strongly recommended wearing a face covering that completely covers their nose and mouth when in the technical area and at all times that physical distancing of 6 feet is not possible.
- Should bring hand sanitizer for personal use prior to entering the field of play and after exiting the field of play.



- Must maintain physical distancing of 6 feet while in the technical area or team bench during the game.
- Should maintain physical distancing during half-time, water breaks, and all other times off the field of play.
- Must maintain physical distancing of 6 feet from all members of the referee crew if at all possible.
- Must not participate in pre-game or post-game physical contact with members of the other team, referee crew, (e.g. handshakes, fist bumps, high-5s, hugs, etc.) or with spectators (e.g. high-5s, tunnels, etc.).
- Should be prepared to provide hand sanitizer for use in the team bench area.
- Should have a roster and player cards with them. Coaches will not turn over the roster or player cards to the referee.
- Must designate an adult to monitor physical distancing and spectator limits for their team prior to the game. This adult will monitor and remind all players, team officials, and spectators for their team of the physical distancing and mask policy before and after the game. During the game, the designee will monitor team officials, substitutes and spectators to ensure compliance with the policies.
- Must ensure that spectators are aware of current limitations at each TTNFC event. Current District Health Department guidelines must be followed. Coaches should communicate with players, parents, and team officials to ensure there is compliance.
- Are REQUIRED to clean up their own bench area after the game has ended.
- Must remain on the same side of the field as their team bench, in the opposite half.
- Should maintain physical distancing of 6 feet from individuals not from the same household at all times.



## **Referees:**

The following are the recommendations for referees during the tournament:

- It is strongly recommended to wear a face covering that covers their mouth and nose when not actively officiating (e.g. pregame, halftime, postgame, acting as a 4th official, etc.).
- May wear a face covering during the game.
- May use electronic whistles or other artificial noise makers in place of a traditional whistle.
- Must not participate in physical contact with players, team officials, spectators, or other members of the referee crew (e.g. handshakes, high-5s, etc.).
- Must not exchange documents with coaches or team officials. Rosters and player cards will be kept by the coaches.
- Should not share equipment with other members of the referee crew (e.g. assistant referee flags, etc.).
- Should maintain physical distancing of 6 feet at all times from players, team officials, spectators, and other members of the referee crew.
- Should bring hand sanitizer for personal use prior to entering the field of play and after exiting the field of play.
- Should not be enforcing the guidelines outlined in this policy that fall outside of the Laws of the Game. Any issues should instead be reported to Idaho Youth Soccer Association in the referee report of the game.

## **Enforcement:**

As indicated in the coaches' section, teams must designate an adult to monitor and remind participants of their own team of the policies in this document.

Timbers-Thorns North staff and designees will be on hand at facilities holding the tournament events to help with monitoring and enforcement.

## **Penalties:**

Failure of a team to follow the guidelines could jeopardize the season for all teams. Penalties will be determined on a case-by-case basis depending on the severity of the violation. The penalties can include:

- Immediate suspension of the game



- Single or multiple game suspension (team or individual) from future events
- Banning (team or individual) from facilities used by TTNFC.

**TTNFC Vendor/Concession:**

- Serving and seating protocols consistent with guidance for food services  
<https://www.cdh.idaho.gov/dac-coronavirus-resources.php>
- Encourage contactless payment
- To the extent reasonable, serve prepackaged food items
- Maintain 6-foot distancing for all lines
- Multiple Vendors will be spaced at greater distances to allow for Social Distancing.